

GR7



RIDE YOUR WAY

To bring the feel of real road cycling right into your home

GR Series Indoor Cycles aren't exercise bikes — they're true indoor cycles created for people who want a more inspiring, more motivating, more engaging way to ride. Each thoughtfully designed GR Indoor Cycle is precision-engineered to bring the feel of real road cycling to your home.

FEATURES

- Rear-drive design and ergonomic handlebars, seat and pedals bring the feel of real road cycling to indoor environments
- Magnetic resistance system provides instant, smooth adjustments to challenge
- Adjustable handlebars, seat and pedals make it easy for users of all sizes to find a comfortable riding position
- Optional LCD console offers real-time feedback and a variety of workout programs, plus unique Glow Ride lighting system that lead riders through three different phases of riding to simulate road cycling
- Free FitDisplay mobile app connects to cycle via Bluetooth to create an engaging, completely customizable exercise experience that leads to real results



FitDisplay mobile app connects to the cycle via Bluetooth to provide entertainment, motivation, workout tracking and more. FitDisplay's Beat program coaches you through resistance changes in sync to your favorite music, Virtual Active gives you the chance to explore exotic locales while you ride, and competition and challenge programs let you race friends and unlock reward points. You'll get a variety of target training programs, and FitDisplay remembers personal settings and records workout data to help you chart progress. Download FitDisplay for free to discover all the ways it can enhance your exercise experience.



INDOOR CYCLE	
HANDLEBAR ADJUSTMENT	Vertical and horizontal
PEDALS	Interchangeable dual-sided pedals with cages and pedal clips
SEAT ADJUSTMENT	Vertical and horizontal
RESISTANCE SYSTEM	Magnetic
DIMENSIONS (L x W x H)	134 x 56.2 x 105.8 cm / 53" x 22" x 42"
PRODUCT WEIGHT	51 kg / 112 lbs.
USER WEIGHT CAPACITY	136 kg / 300 lbs.
EXTRAS	Transport wheels, tablet holder, water bottle holders, foot stretch, bluetooth connectivity for FitDisplay

	CONSOLE	MOBILE APP
HEART RATE	Wireless heart rate, Polar compatible	Bluetooth heart rate
DISPLAY	5" LCD	User's mobile device
DISPLAY FEEDBACK	Time, Distance, Calories, Heart Rate, RPM, Speed, Battery	Time, Distance, Calories, Heart Rate, RPM, Speed, Watts
PROGRAMS	HIIT, Speed Intervals, Heart Rate Intervals	Beat, Contest, Sprint 8, Virtual Active, Distance Target, Speed Target, Calories Target, Heart Rate Target, Intervals, Manual
FEATURES	Glow Ride lighting system	ViewFit

*Specifications subject to change without notice.